



**Registered Nurse
& Midwife**



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Kirsti Steenekamp

ID: 8512170046086

ABOUT ME

My dedication lies in providing culturally sensitive, evidence-based care to my patients, constantly updating myself with the latest research. Embracing a holistic nursing philosophy, I empower patients with the tools for their own wellness journey.

TERTIARY EDUCATION

University of Stellenbosch
Postgraduate Diploma in Midwifery
Cum Laude
(2023)

University of Johannesburg
Baccalaureus Curationis
(2010 - 2013)

London Teacher Training College
ESL Teacher
(2007)

EXPERIENCE

George Regional Hospital

Ward: Labour ward and NICU

Position held: Midwife/Neonatal nurse

Post description:

Labour ward: I provide comprehensive perinatal care to low – high risk pregnant women as well as the initial assessment and management of the neonate. I also perform skilled neonatal resuscitation when necessary.

NICU: Comprehensive assessment of neonates and setting up daily nursing care plans, hourly monitoring/nursing of neonates with varying needs requiring intensive care. Assisting paediatricians and neonatologist with procedures.

(2018 - Present)

ADDITIONAL COURSES

Basic Life Support
Mar 2022

Certified Sensitive Midwifery Course
Dec 2020

Advanced Neonatal Life Support
Sep 2017

Prevention of Mother-to-child
transmission of HIV/Aids
Jul 2015

Perinatal Education
Programme
October 2014

INTENDED FUTURE COURSES

Updated Advanced Neonatal Life
Support

Masters in Midwifery

Updated Basic Life Support

Family Planning Course

SECONDARY EDUCATION

Hoërskool Bergsig
2000 – 2004

Subjects: Afrikaans
English
Mathematics
Biology
Natural sciences
Computer typing

*We have a secret in our
culture and it's not that birth
is painful. It's that women
are strong - Laura Stavoe*



MHR Agency | Mediclinic

Position held: Agency Professional Nurse
Ward: Labour & Medical Ward
Duration: Oct 2017 - May 2018

Final Okullari Kayseri, Turkey

Position held: ESL teacher ages 3 – 15
Duration: 1 Sep 2016 – 31 Sep 2017

Charlotte Maxeke Johannesburg

Academic Hospital
Ward: Labour ward
Position held: Midwife
Duration: 1 January 2014 – 31 July 2016

Genesis Maternity Hospital

Position held: Sessional Midwife
Duration: 2015 - 2016

ABC International

Position held: Head ESL teacher
Duration: 1 May 2007 – 31 Dec 2009

REFERENCES

Sr A Portland | NICU OPM
George Regional Hospital
044 802 4458

Sr C Potts | Labour Ward OPM
George Regional Hospital
044 802 4313

MHR George
044 803 2380

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Matron Ngobeni
Charlotte Maxeke Johannesburg
Academic Hospital
Labour Ward matron
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